# Patient-centered implant treatment giving reliability through simplicity (part 2- when bone is not where we want it to be)

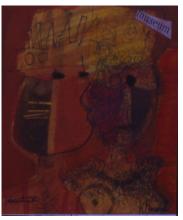
# Hugo De Bruyn & Stefan Vandeweghe

**AOS Adelaide Novembre 2011** 









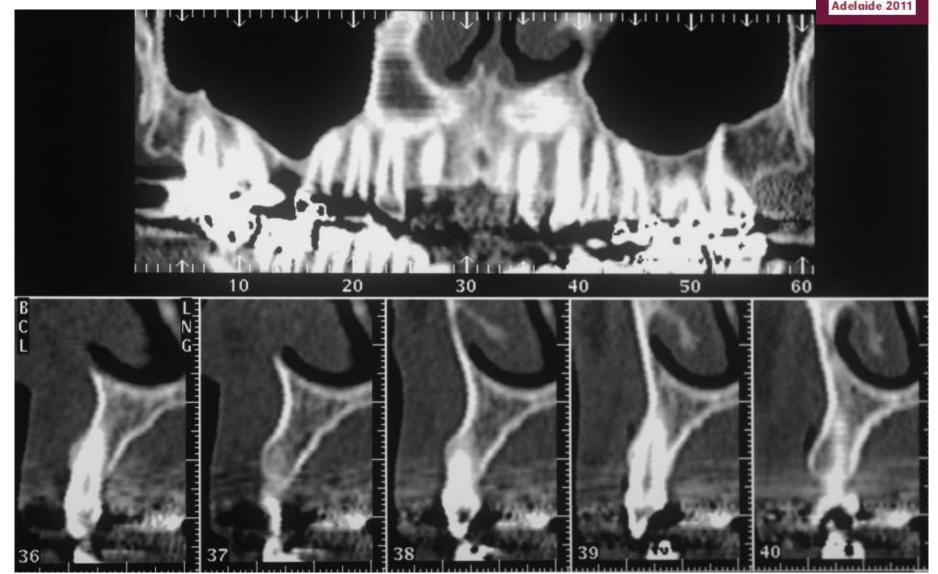


Acknowledgement Dr Andre Hattingh for some clinical pictures



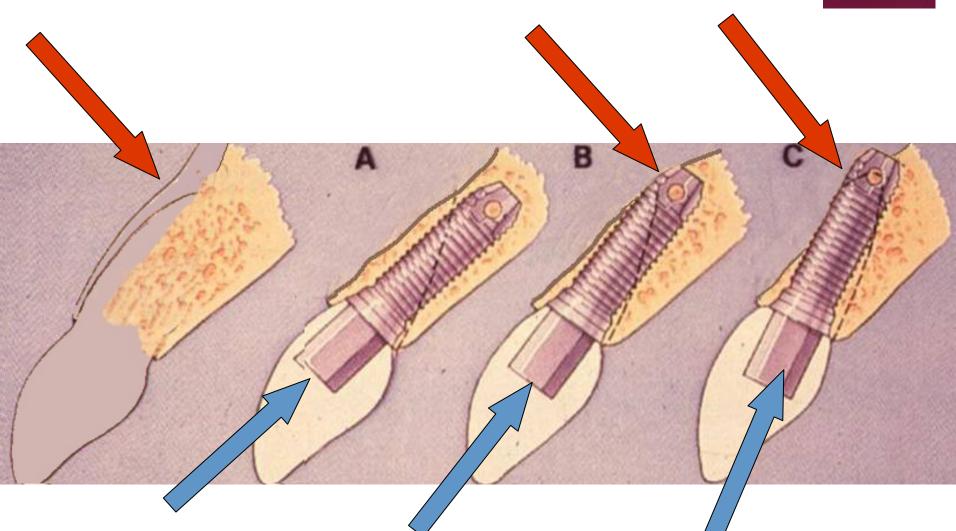
# When the bone does not coincide with ideal implant location





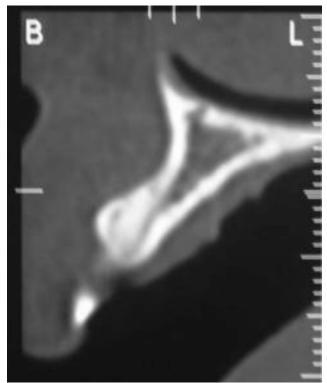
# When the bone does not coincide with ideal implant location



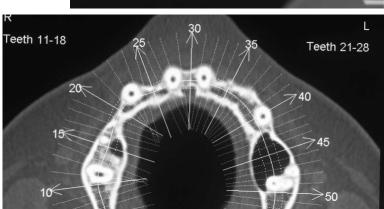


# When the bone does not coincide with ideal implant location













# A prospective study on angulated implants immediately loaded with a full ceramic crown

Hugo De Bruyn & Stefan Vandeweghe





**University of Gent, Belgium** 



#### A 1-Year Prospective Study on Co-Axis® Implants Immediately Loaded with a Full Ceramic Crown

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#### ARSTRACT

Introduction: The Co-Axis® implant (Southern Implants®, Irene, South Africa) has a 12-degree angle in the implant neck to overcome angulation problems.

Aim: To examine bone loss, peri-implant health, and aesthetical outcome after 1-year follow-up.

Materials and Methods: Fifteen single implants were placed in 14 patients in the premaxilla and immediately loaded with a screw-retained full ceramic crown. Periapical radiographs and standardized photographs were taken to determine bone loss and soft tissue changes. Plaque and bleeding levels were assessed. Patients' satisfaction was measured using the Oral Health Impact Profile-14 questionnaire.

Results: After 1 year, all implants survived and mean bone loss was 1.20 mm, with no significant changes after 6 months. Plaque levels were low and no significant changes were observed. Bleeding levels decreased during the initial 3 months, but were constant thereafter. Before final torquieng was performed after 6 months, four cases of screw loosening occurred. Also, one crown had a piece of porcelain chipped off. Patients reported an overall increase in well-being. A mean midfacial recession of 0.37 mm was observed. The mesial papilla showed a slight increase of 0.14 mm, while the distal papilla decreased 0.35 mm.

Conclusion: With 100% survival and stable bone levels after 6 months, the Co-Axis implant showed a good clinical outcome when immediately loaded. The use of a full ceramic crown as a first and final restoration resulted in a good aesthetic outcome with few changes in papilla fill, although midfacial soft tissue was stable only after 1 year.

KEY WORDS: co-axis, dental implant, immediate loading, implant angulation, prosthetic complication, single implants, soft tissue changes, southern implant

#### INTRODUCTION

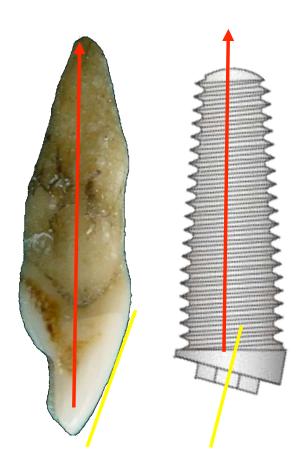
The most important reason for tooth extraction is an endodontic complication, followed by tooth fracture,

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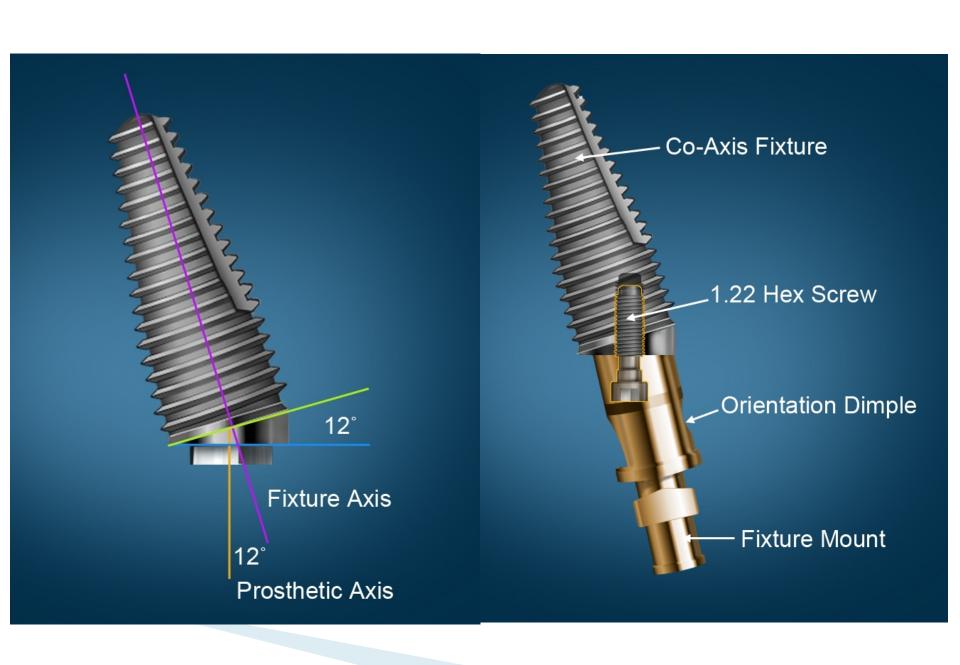
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trauma, periodontitis, and caries.1-4 Single tooth replacement using implant therapy has proven to be predictable in short- and long-term studies with respect to implant survival.4-8 Nevertheless, it is a challenge because the restorations do not rely on the surrounding dentition for support. In this way, it differs from other implant restorations like cross-arches and FPDs and may hold an increased risk.5 Additionally, the outcome of single implant crowns depends on the aesthetic demand of the patient and prosthetic features, such as tooth shape, color, translucency, symmetry with the neighboring teeth, and the emergency profile. The latter is predominantly depending on proper implant location whereby the availability of bone and restoratively guided surgical placement are decisive factors. Especially in the aesthetic zone of the maxilla, a correct threedimensional implant position is essential to enhance the emergency profile determining the natural appearance





Southern Implants Inc (Irene SA) 12-24-36 degrees angle



# Introduction



#### **Materials and Methods**

#### Inclusion

- □ Patients > 18 years old
- Single implants with neighbouring teeth
- □ Anterior maxilla, 15-25
- Healed bone, at least 6 weeks post-extraction
- Adequate bone volume by clinical examination
- ASA I

# **Materials and Methods**

#### **Exclusion**

- □ Heavy smokers (> 10 cig/day)
- Demanding esthetic cases
- Parafunctions
- Signs of infection





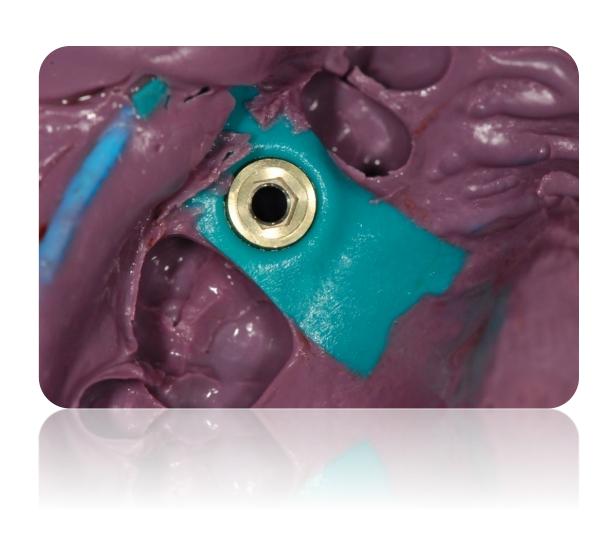
### **Materials and Methods**

- Flap surgery
- Drilling sequence
- Primary stability > 40 Ncm
- Impression
- Crown within 3 days
- Zirconia / Porcelain
- Recall sessions
- OHIP-14
- CBCT



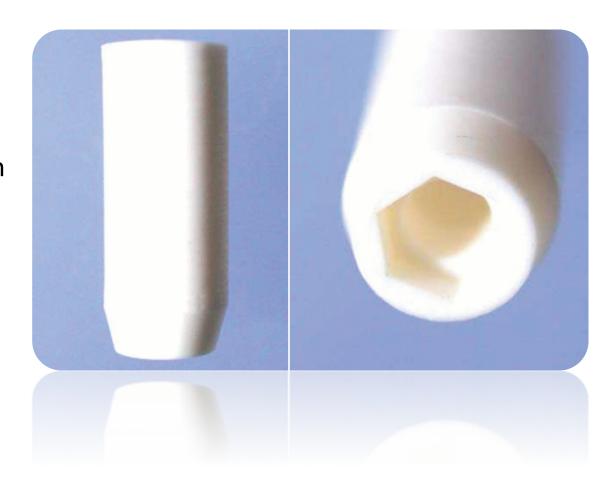
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### **Materials and Methods**

- Flap surgery
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- OHIP-14
- CBCT



#### Results

#### Patient distribution

- 14 patients
- □ Single in anterior maxilla (15-25 location)
- □ 6 male, 8 female
- Mean age 55 (31-80)
- □ 1 smoker (4 cig/day)













# Marginal bone loss



Time	Mean	SD	Range	P-value
1 weeks	0.19 mm	0.129	0.00 - 0.55	0.001*
2 weeks	0.47 mm	0.193	0.10 - 0.95	0.001*
4 weeks	0.70 mm	0.239	0.30 - 1.30	0.001*
6 weeks	0.95 mm	0.239	0.60 - 1.50	0.001*
3 months	1.12 mm	0.205	0.90 - 1.70	0.001*
6 months	1.19 mm	0.224	1.00 - 1.80	0.008*
12 months	1.20 mm	0.215	1.00 - 1.80	0.052





1 week

6 weeks

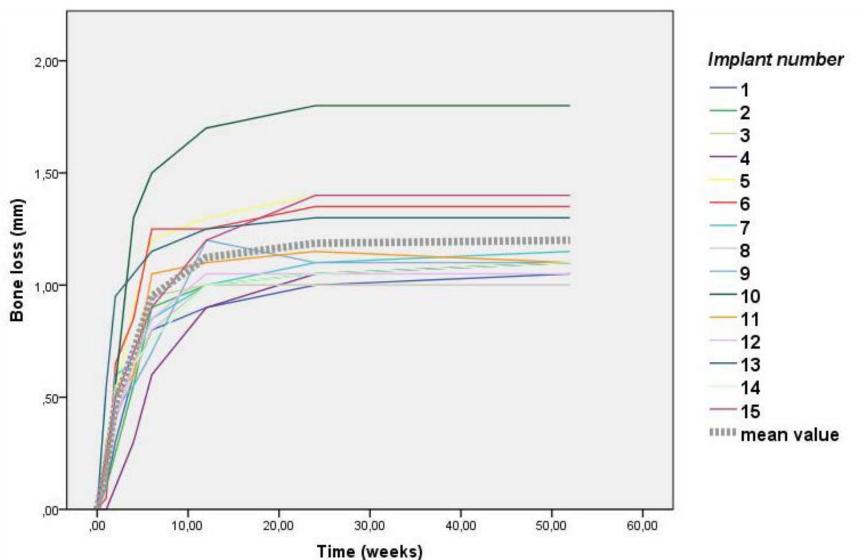
3 months

6 months

1 year

# Marginal bone loss











- Ongoing mid-facial recession
- No significant changes in mesial papilla height
- Decrease in distal papilla height during first 3 months

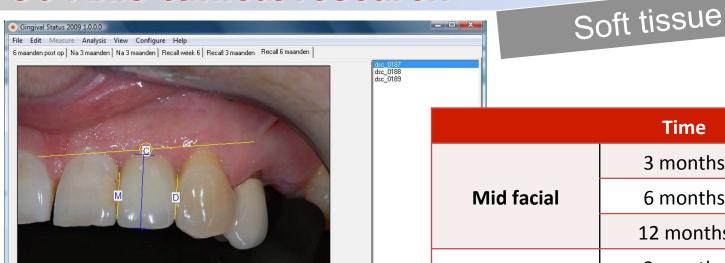


Recession

0.30 mm

**Time** 

3 months



M	Mid facial	6 months	0.31 mm
		12 months	0.37 mm
		3 months	0.07 mm
Center Mesial Export	Mesial papilla	6 months	- 0.19 mm
0.5 5.7 Save Data 37.5 433.8		12 months	- 0.14 mm
[mm] Set to Value		3 months	0.54 mm
[px] Set to Value	Distal papilla	6 months	0.44 mm
		12 months	0.35 mm

Ongoing mid-facial recession

Distal

412,8

Calibrator width

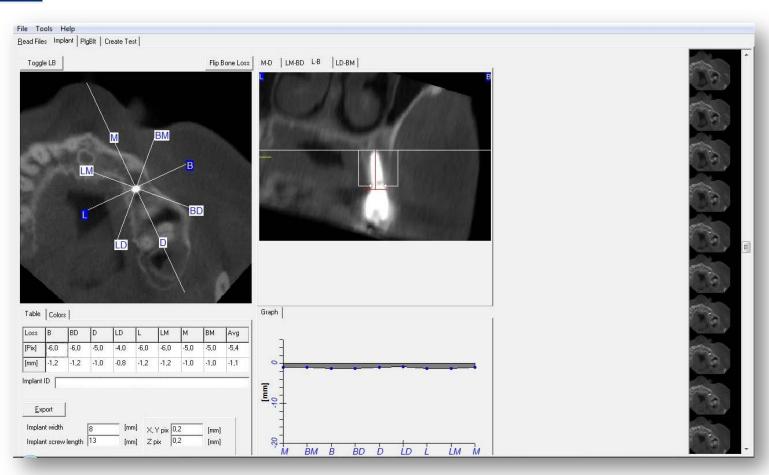
- No significant changes in mesial papilla height
- Decrease in distal papilla height during first 3 months

#### Results

#### **Implant bone loss**

#### 3D Cone Beam CT

- ✓ 1 week
- ✓ 6 months

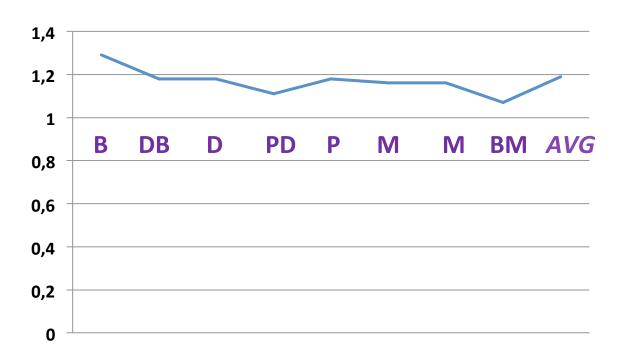


#### Results

### **Implant bone loss**

#### 3D Cone Beam CT

Buccal	1,29 mm	
Bucco-Distal	1,18 mm	
Distal	1,18 mm	
Palato-Distal	1,11 mm	
Palatal	1,18 mm	
Palato-Mesial	1,16 mm	
Mesial	1,16 mm	
Bucco-Mesial	1,07 mm	
AVERAGE	1,19 mm	
Palato-Mesial Mesial Bucco-Mesial	1,16 mm 1,16 mm 1,07 mm	



# Quality of Life



Q1: Have you had trouble pronouncing any words because of problems with your teeth, mouth or dentures?

Q2: Have you felt that your sense of taste has worsened because of problems with your teeth, mouth or dentures?

Q3: Have you had painful aching in your mouth?

Q4: Have you found it uncomfortable to eat any foods because of problems with your teeth, mouth or dentures?

Q5: Have you been self conscious because of your teeth, mouth or dentures?

Q6: Have you felt tense because of problems with your teeth, mouth or dentures?

Q7: Has your diet been unsatisfactory because of problems with your teeth, mouth or dentures?

Q8: Have you had to interrupt meals because of problems with your teeth, mouth or dentures?

Q9: Have you found it difficult to relax because of problems with your teeth, mouth or dentures?

Q10: Have you been a bit embarrassed because of problems with your teeth, mouth or dentures?

Q11: Have you been a bit irritable with other people because of problems with your teeth, mouth or dentures?

Q12: Have you had difficulty doing your usual jobs because of problems with your teeth, mouth or dentures?

Q13: Have you felt that life in general was less satisfying because of problems with your teeth, mouth or dentures?

Q14: Have you been totally unable to function because of problems with your teeth, mouth or dentures?

#### OHIP-14

# Quality of Life



#### **Before surgery**

Q1: pronounciation

Q2: sense of taste

Q3: painful aching

Q4: uncomfortable to eat food

*O5: self consciousness* 

Q6: felt tense

Q7: diet unsatisfactory

Q8: interrupt meals

Q9: difficult to relax

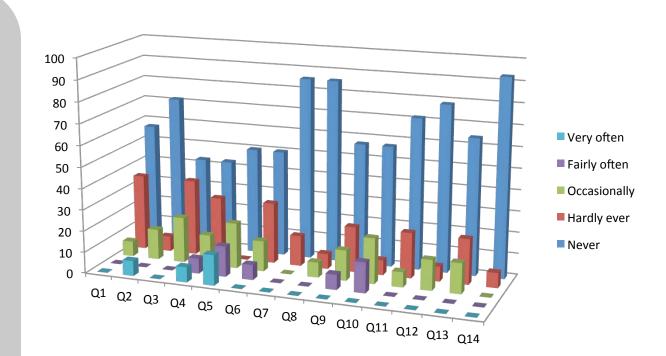
Q10: been embarrassed

Q11: been irritable

Q12: difficulty doing job

Q13: life in general less satisfying

Q14: unable to function



# Quality of Life



#### **After 6 months**

Q1: pronounciation

Q2: sense of taste

Q3: painful aching

Q4: uncomfortable to eat food

*Q5: self consciousness* 

06: felt tense

Q7: diet unsatisfactory

Q8: interrupt meals

Q9: difficult to relax

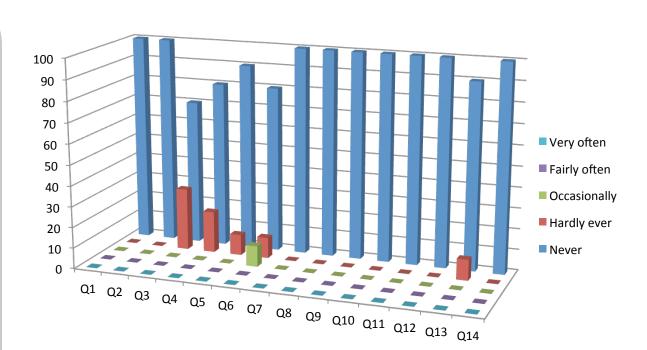
010: been embarrassed

Q11: been irritable

Q12: difficulty doing job

Q13: life in general less satisfying

014: unable to functior

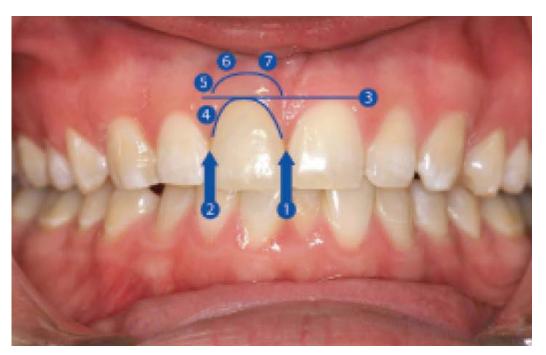


#### Results

#### **Esthetics**

Mean Pink Esthetic Score = 8.35 / 14

Mean White Esthetic Score = 6.35 / 10



# WES 1: Tooth Form 2: Outline/Volume 3: Color (hue/value) 4: Surface Texture 5: Translucency/Characterization Maximum Score: 10

Results

# **Complications**

- 4 cases of screw-loosening before final torquing at 6 months
- 1 case of porcelain chipping at 1 year control



#### Discussion

Single tooth replacement by immediate loading

<u>Siddique et al., J Oral Implantol 2008</u>

98.04 % success, mean bone loss 1.05 mm

Hall et al., Clin Impl Dent Relat Res 2007

No difference between immediate and delayed loading

Glauser et al., J Prosthet Dent 2007

97.5 % survival after 5 years, 1.54 mm bone loss

Hahn, J Oral Implantol 2007

97.9 % survival up to 3 years

<u>Degidi et al., J Oral Implantol 2006</u>

95.5 % survival after 5 years, all early failures

#### Discussion

#### Single tooth replacement by immediate loading

- Immediate loading has a comparable outcome as delayed loading if primary stability can be achieved (> 35 Ncm)
- Improved stability using tapered implants
- Functional loading = non-functional loading
- Tilted implants hold no increased risk
- Several studies also reported soft tissue recessions during the first year
- Provisional or final crown???

#### Conclusion



- Predictable outcome regarding bone loss and survival
- Overcoming angulation problems
- High patient satisfaction
- Good esthetic results
- Shorten treatment time



- Technique sensitive procedure
- Esthetics: Provisional crown > Final crown

#### **Materials and Methods**

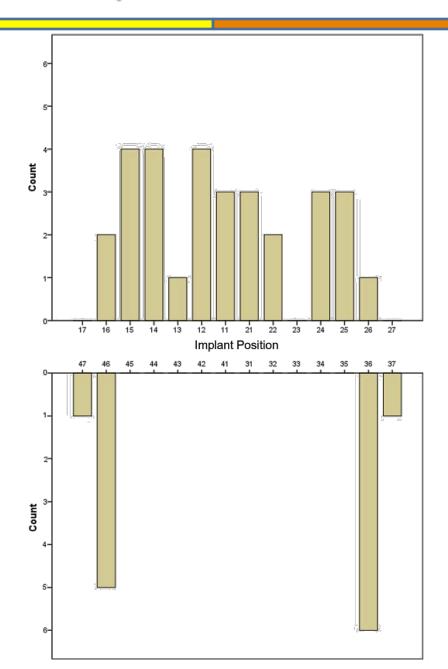
Case studies with single tooth implants under immediately full load (Nikolopoulos – Hattingh – Ghent)

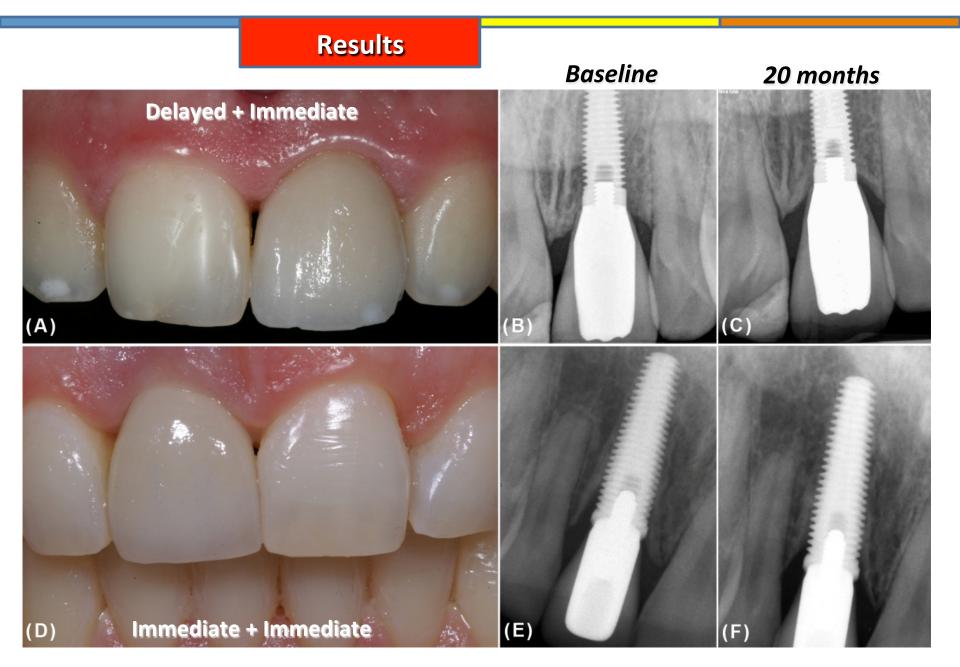
- Group 1 = Immediate placement / Flapless
- Group 2 = Delayed placement / Flap surgery
- Primary stability > 40 Ncm
- Impression
- Crown within 3 days
- Zirconia / Porcelain
- Recall sessions

#### Results

- 38 patients (5 smokers)
- 43 implants
  - Immediate placement: 23 implants
  - Delayed placement: 20 implants

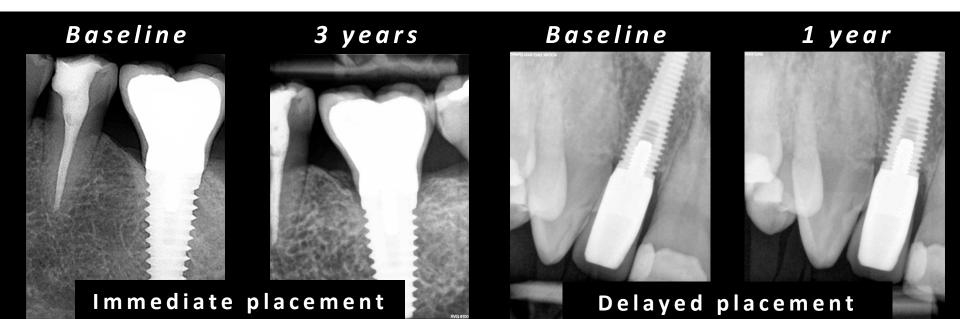
- Maxilla: 30 implants
- Mandible: 13 implants





#### Results

- Mean follow-up of 26 months (SD 11, range 8-44)
- Implant survival = 100 %
- Mean bone loss = 1.00 mm (SD 0.30, range 0.24 1.64)
- Bone loss: delayed placed implants > immediately placed implants
- 2 crowns experienced also porcelain chipping



#### Discussion

- Reduced bone loss around immediately placed implants:
  - No flap
  - Deeper placement
  - Healing potential?



- Immediate placement + immediate loading:
  - Increased risk
  - Improve esthetic outcome!
  - Optimal soft tissue support

#### Discussion

#### Case selection

- No infection
- Intact buccal bone plate
- Intact soft tissue profile
- Biotype => risk!
- Jumping distance > 1.5 mm: bone graft









#### Conclusion



- 100% survival and limited bone loss
- Less destructive
- Esthetics
- Decreased treatment time



- Technique sensitive procedure
- Only short timr data available

#### **CONCLUSIONS**

#### Immediate loading:

- Primary stability: implant & surgery
- Careful patient selection: parafunctions!
- Careful prosthetics: occlusion and articulation
- For esthetical reasons: use a provisional
- Improve patient satisfaction, improve your practice

#### Immediate placement + immediate loading:

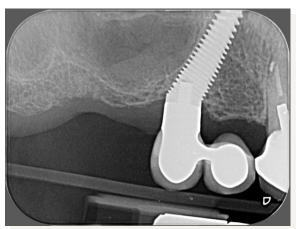
- Proper case selection: implant site
- Careful prosthetic procedure: no pressure

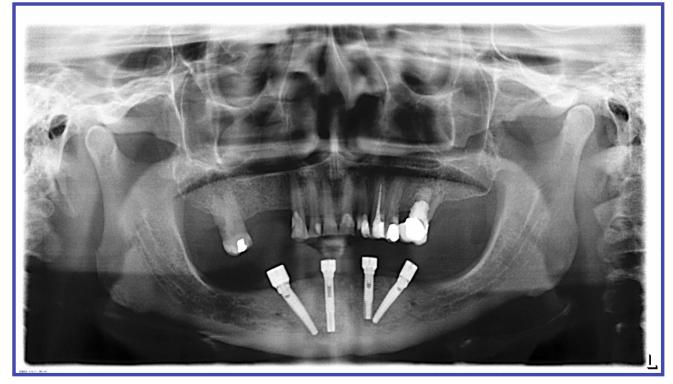
# Co-Axis 24°













# Factors for successfull outcome in implant dentistry

- Implant
- Surgeon
- Dentist
- Dental technician
- Patient



















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